

## Vitamin-itis: How to Address Supplements in Assisted Living



### Description

In this session, we'll discuss the prevalence of vitamins in assisted living and how communities can help enhance the health, safety, and well-being of residents with best practices for managing these supplements.

We'll cover when and why vitamins may be needed, how to address possible issues with duplicates (single nutrient and multivitamin), extra requirements like labs that may be indicated, potential side effects and drug interactions, and more.

### Learning Objectives

- 1** Learn the benefits of vitamins and the most common supplements among assisted living residents – as well as which ones should be avoided
- 2** Find out the top concerns supplement use poses to seniors
- 3** Hear potential dangers of vitamins and steps your community can take to prevent them
- 4** Understand the importance of medication regimen reviews to ensure resident safety
- 5** Learn how DONs and other nurse leaders can collaborate with the Consultant Pharmacist for better resident outcomes

**Tuesday, November 29, 2022 | 1:00 PM ET**

### Presented by:



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*This webinar has been approved for 1 participant hour/CEU with NAB/NCERS.*

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